

## **CURRICULUM VITAE**

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### **EDUCATION**

**San Diego State University**  
Master of Arts in Psychology 2025 (expected)

**Thesis: The Associations among Adverse Childhood Experiences, Substance Use, and Self-Harm in At-Risk Adolescents: A Latent Class Analysis (In progress)**

**Chair:** Miguel Villodas, Ph.D.

**California State University Northridge**  
Bachelor of Arts in Psychology 2023

**East Los Angeles Community College**  
Associate in Psychology for Transfer 2021

### **RESEARCH INTERESTS**

Dissemination and Implementation Science, Evidence-based Interventions in Underserved Communities, Minority Mental Health Literacy, Mental Health Service Improvement, Community Mental Health, Latinx and/or minority groups, Cultural impacts on mental health, Children/Adolescents Mental Health, School Mental Health, and Mental Health Seeking Behavior.

### **RESEARCH EXPERIENCE**

**San Diego State University (SDSU)** August 2023 – Present  
Graduate Student Researcher | Healthy Child and Family Development (HCFD) Lab  
The HCFD Lab, located at SDSU, directed by Dr. Miguel Villodas conducts clinical research to study well-being

Collaborative Life Skills Program (CLS)

- Collaborated with University of California San Francisco on an established school-based intervention for children with ADHD in grades 2-5 aimed to develop a team-enhanced adaptation of CLS (CLS-T)

- Analyzed and coded qualitative interviews using the Rapid Assessment Procedure to inform and optimize team-enhancement strategies
- Created materials utilized for trainers, social workers, and children/parent workshops
- Screened participants in English and Spanish for study eligibility and ensure comprehensive inclusion
- Ensured ethical and compliant participation through consenting and assenting participants, including parents, teachers, and children in CLS
- Ensured timely and accurate distribution of intervention materials to multiple sites

#### Longitudinal Studies of Child Abuse and Neglect (LONGSCAN)

- Assist in psychophysiological data collection of a multigenerational nationwide research study exploring critical issues in child maltreatment.
- Assigned and distributed surveys on ASEBA and Qualtrics appropriately to participants based on assigned group
- Conducted the consent process upholding ethical practices in compliance with regulations
- Searched various platforms (e.g., Intelius, social media) for participants to continue their involvement in the follow-up study
- Managed and updated a spreadsheet to track and monitor participants throughout the research process for a large cohort

#### EMPOWER

- Coded and analyzed focus group transcripts aimed at studying social and cultural barriers for undergraduate underrepresented students in research labs as well as science-related education and careers
- Collaborated on a manuscript which found themes of struggles relate to feelings of imposter syndrome, not belonging, or general worry of underperforming. Findings also indicated faculty mentors emphasized productivity and lab efficiency while disregarding an identity-affirming approach left students feeling greater disconnect. (currently in progress)
- Conducted literature reviews on minority students' reports of feeling isolated, unwelcome, invisible, and distant from faculty, and cultural awareness from faculty members

#### General lab responsibilities

- Attend weekly meetings to stay informed and updated on project progress and completion
- Collaborate and meet with lab members on multiple projects/ papers
- Trained on protocols
- Worked with undergraduate research assistants and provided mentorship when needed

#### University of California San Diego (UCSD)

June 2022 - August 2022

#### Summer Training Academy for Research Success (STARS)

Undergraduate Student Researcher | Prashant Bharadwaj, Ph.D.

- Conducted individual research project "Determinants of Mental Health Utilization Among Youth: The Roles of Race, Need, and Feeling Cared For"
- Imported, merged, re-coded, created variables (index variables), and analyzed Adolescent to Adult Health (ADD Health) data

- Used multiple regression to analyze children’s mental health service utilization by race, emphasizing “feeling cared for” and “need for necessity” index variables.
- Used Xcel sheet to organize literature reviews
- Created slides on my findings to present at the UCSD summer research conference

### **BUILD PODER | CSUN**

June 2021 – 2023

Undergraduate Student Researcher | Promoting the Use of Evidence-based Practices: Narrowing the Treatment Engagement Gap (P.U.E.N.T.E.) Lab

The PUENTE Lab at CSUN is directed by Dr. Jonathan Martinez and studies disparities in mental healthcare to achieve health equity and culturally responsive evidence-based practices with community partners.

- Conducted a literature review on multiple topics reflecting different project topics.
- Import, clean, merge, and analyze data using SPSS
- Transcribing and coding observations from audio recordings and direct observation data to translate into quantitative metrics
- Used Inter-university Consortium for Political and Social Research (ICPSR) to search for data sets that can be used as secondary data for research projects
- Attended meetings with external contributors such as public health workers to increase personal mental health literacy as well as mental health service delivery
- Co-created a coding manual to analyze open-ended qualitative questionnaires to improve the CSUN psychology department's inclusivity, cultural literacy, and barriers faced by the students.
- Co-creating a presentation to inform on mental health, disparities, substance use, and evidence-based interventions for the Santa Barbara County Department of Behavioral Wellness.
- Experienced writing an IRB form
- Co-facilitated 60-minute focus groups aimed to improve measures used for community surveys

### **BUILD Summer Coding Research | San Francisco State University**

June 2021 - July 2021

Student Coder | Ryan Fergusson

- Learned statistical coding using the R program language
- Researched health disparities due to COVID-19
- Co-conducted “Covid & Mental Health in California”
- Co-conducted “Closer Look at California COVID-19 Profiles Race and Age”

### **BUILD PODER | ELAC**

July 2020 - May 2021

Undergraduate Research Assistant | Bryant Horowitz, Ph.D.

In the BUILD PODER program, under Dr. Horowitz, I was involved on the project “Mental Health Among Latinos During the Trump Administration”.

- Conducted a literature review on factors that impact minority groups’ mental health and how the Trump administration has affected their mental health status.
- Developed a consent

- Assisted in creating a survey via Qualtrics
- Assisted in translating a survey from English to Spanish
- I wrote a research paper about my findings on how minority groups, specifically Latinx, have been affected by the 2016 administration

### **Summer Jump Start Pipeline Trainee**

July 2020 – August 2020

Building Infrastructure Leading to Diversity (BUILD) Promoting Opportunities for Diversity in Education and Research (PODER) | Gabriela Chavira, Ph.D.

- Intensive research process training
- Professional development training
- Critical race theory and cultural competence training
- SPSS analysis training
- The Collaborative Institutional Training Initiative (CITI Program)
- Co-conducted “Depression Study amongst BUILD PODER Cohort 6 Students”

### **East Los Angeles Community College (ELAC)**

February 2020 – June 2020

Undergraduate Student Researcher | Randy Ludwig Ph.D.

The Psychology Research Methods class project at ELAC was taught by Dr. Ludwig and overviewed the research project “Novel Coronavirus Stress and Social Media Usage Effects on Mood”.

- Conducted a literature review on the effects of COVID-19, social media utilization, and mental health.
- Recruited a convenient sample of 207 participants via social media and text messages
- Co-created consent form that was included at the beginning of the questionnaire.
- Co-created a 39-item questionnaire to evaluate participants' COVID-19 stressors, social media usage, and general mood.
- Analyzed data using SPSS for multiple linear regression
- Presented findings as the final class project and received a B in the class

### **MANUSCRIPTS IN PREPARATION**

1. Rodriguez, K., Villodas, M. T., Vargas, S., Ciro, D. (2025). *The Associations among Adverse Childhood Experiences, Substance Use, and Self-Harm in At-Risk Adolescents: A Latent Class Analysis*. Manuscript in preparation.
2. Nguyen, T., Brown, S., Rodriguez, K., Rodriguez, R., Villodas, M. T. (2024). *Defining Psychological Maltreatment: Support for a 2-Factor Model of Omissive and Commissive Acts*. Manuscript in preparation.
3. Vallejo, P., Morelli, N., Rodriguez, K., Brown, S., Villodas, M. T. (2024). *Anger and Aggression as a Mediation Pathway to Suicidal Ideation Among Adolescents at High Risk for Sexual Abuse*. Manuscript in preparation

4. Tabibian, D., Rodriguez, K., Mota-Segura O., Gutierrez, V., Thomas, D., Villodas, M. T.(2025) *Empowerment Talks: Understanding Underrepresented Students' Experiences in Research Labs*.

### **CONFERENCE PRESENTATIONS**

- ★ **Rodriguez, K.**, Villodas, M. Ph.D. (November 15, 2024) Latent Classes of Adverse Childhood Experiences and their Association with Mental Health, and Suicidal Ideation in Teenagers. Poster Sessions at ABCT's 58th Annual Convention to be held in Philadelphia, Pennsylvania.
- ★ **Rodriguez, K.**, Martinez, J. Ph.D. (February 23 2023). The Role of Generation Status of Parents on the Relationship Between Parent Mental Health and Youth Counseling Service Utilization. Poster Presentation at the 2023 Society for Cross-Cultural Research. San Juan, Puerto Rico.
- ★ **Rodriguez, K.**, Nandan, Y., Bharadwaj, P. Ph.D. (August 11, 2022). Determinants of Mental Health Utilization Among Youth: The Roles of Race, Need, and Feeling Cared For. Ten Minute Talk at the Summer Research Conference at the University of California San Diego. La Jolla, California (Virtual)
- ★ **Rodriguez, K.**, Saravia, D. B.A., Vu, C. B.S., Martinez, J. Ph.D. (April 29, 2022). Mental Health Service Use for People of Color with Substance Use. Poster Presentation at the Western Psychology Association 102nd Annual Convention, Portland Marriott Downtown Waterfront, Oregon.
- ★ **Rodriguez, K.**, Horowitz, B. Ph.D. (April 9, 2021). Mental Health among Latinos since the 2016 Presidential Election. Poster Session at CSUNposium (Virtual).

### **GRANT FUNDING /AWARDS**

BUILD PODER Scholar – \$26,000 over two years 2021- 2023

- Building Infrastructure Leading to Diversity: Promoting Opportunities for Diversity in Educational and Research Program; Funded by The National Institute of Health (NIH)

BUILD PODER Trainee Grant - \$12,000 over one year 2020- 2021

- Building Infrastructure Leading to Diversity: Promoting Opportunities for Diversity in Educational and Research Program; Funded by The National Institute of Health (NIH)

Dean's Honor List, CSUN

Spring 2021

### **TEACHING EXPERIENCES**

**PSY 281: Data Analysis in Psychology**

**Fall 2023 - Fall 2024**

- Developed and led weekly labs covering different research designs and analysis

- Demonstrated SPSS usage
- Evaluated assignments and provided feedback
- Held office hours to assist students with any needs
- Proctored and monitored in-class exams

**PSY 452: Intro to Counseling/ Therapy**

**Fall 2023 – Spring 2024**

- Graded intake reports & provided feedback to be incorporated into the final assignment
- Evaluated assignments and provided feedback
- Held office hours to assist students with any needs
- Proctored and monitored in-class exams

**PSY 117: Health, Happiness, and Success**

**Fall 2023**

- Evaluated assignments and provided feedback
- Held office hours to assist students with any needs
- Proctored and monitored in-class exams

**CERTIFICATIONS**

**Student Success Mentor Training Course**  
Mentor Collective

2022

**Social and Behavioral Responsible Conduct Research**  
Collaborative Institution Training Initiative

2020

**Information Privacy Security (IPS)**  
Collaborative Institution Training Initiative

2023

**Human Subjects Research (HSR)**  
Collaborative Institution Training Initiative

2023

**Responsible Conduct of Research (RCR)**  
Collaborative Institution Training Initiative

2023

**SERVICE TO THE COMMUNITY AND UNIVERSITY**

Mentor, Society of Clinical Child and Adolescent Psychology (SCCAP; Division 53) mentorship program

**SKILLS**

Language: Fluent in English and Spanish; Beginner with American Sign language (ASL).

Research: Qualtrics, ASEBA-Web™

Statistics: R, SPSS

Productivities: Microsoft Office (Word, Excel, PowerPoint), Google Suite (Docs, Sheets, Slides, Forms), Zotero, Notion, Slack